

Development Milestone's in Newborns

Please take the time to review the following chart and confirm milestones according to your newborns age. Note that this chart is a guideline for infant development according to age and can vary; the chart is intended to assist in the treatment of your newborn at Maple Shores Health Centre.

Age	Developmental Milestones	Observations / Notes
1 st Day	Cries, sneezes, shivers, yawns, stretches, hiccoughs, sucks vigorously, moves trunk and extremities	
1 st Month	Puts hand to mouth, recognizes mothers face, makes vocal sounds, raises head when prone, pulls knees and arms under body, eyes follow moving light, head falls back when in upright position	
2 nd Month	Holds head up longer, head falls back less when upright, raises forearms, shows appropriate facial movements when crying, smiles, head and eyes turn towards sounds	
3 rd Month	Screams for food, laughs when tickles, rotates legs outward, grasps objects within reach	
4 th Month	Holds head steady when carried, resents lack of attention, raises chest when on face, blinks when objects approach eyes, laughs out loud, over teeth appear	
5 th Month	Raises head when lying prone, begins to turn over	
6 th Month	Sits briefly without support, enjoys a bath, responds to name, lifts head & chest when prone, lifts head easily when supine, rolls from supine to prone, distinguishes strangers & toys, smiles, vocalizes, begins to crawl, holds arms out to be picked up, reaches for nearby objects	